

ICOPE

Integrated Care for Older People

1 As people grow older, their health needs are likely to become **more complex and chronic.**



ICOPE

Intervening at an early stage of declining capacity is essential because the process of becoming care dependent can be prevented or delayed.

2

3 ICOPE addresses priority conditions associated with declines in capacities:

MOBILITY LIMITATIONS



MALNUTRITION



VISION LOSS



HEARING LOSS



DEPRESSIVE SYMPTOMS



COGNITIVE DECLINE



4

The ICOPE App and handbook assist health and social care workers to:

- Screen older people at risk of care dependency in the community
- Undertake a person-centred assessment of older people's health and social care needs in primary care
- Design a personalized care plan



5 ICOPE is a **community-based approach** towards person-centred health and social care to **optimize the functional ability of older people**



World Health Organization

For more information:
<https://www.who.int/ageing/health-systems/icope/en/>